

SEPTEMBER 2024- AUGUST 2025



IMPACT REPORT

Building Skills.
Building Futures.



» NEXT

SKILLS FOR LIFE



REPORT HIGHLIGHTS

01 WHO WE ARE

02 PROGRAMS IN ACTION

03 IMPACT AT A GLANCE

04 COMMUNITY VOICES

05 DONOR & PARTNER RECOGNITION

06 FINANCIAL SNAPSHOT

07 LOOKING AHEAD

08 GET INVOLVED (CALL TO ACTION)



SFL Impact Report September 2024- August 2025



WHO WE ARE

Who We Are

Skills for Life is rooted in the **Growth Mindset Model**—the belief that every young person can learn, grow, and overcome challenges with the right tools and support. We **bridge the gap between classroom learning and real-world readiness** through workshops, mentorship, and hands-on experiences. Our programs build confidence, resilience, and practical skills so youth can plan their futures and achieve their goals.

Our Goals

- Help youth recognize and develop essential life skills.
- Guide young people in setting and achieving meaningful goals.
- Strengthen communities by fostering partnerships and civic engagement.

SFL Impact Report September 2024- August 2025



01

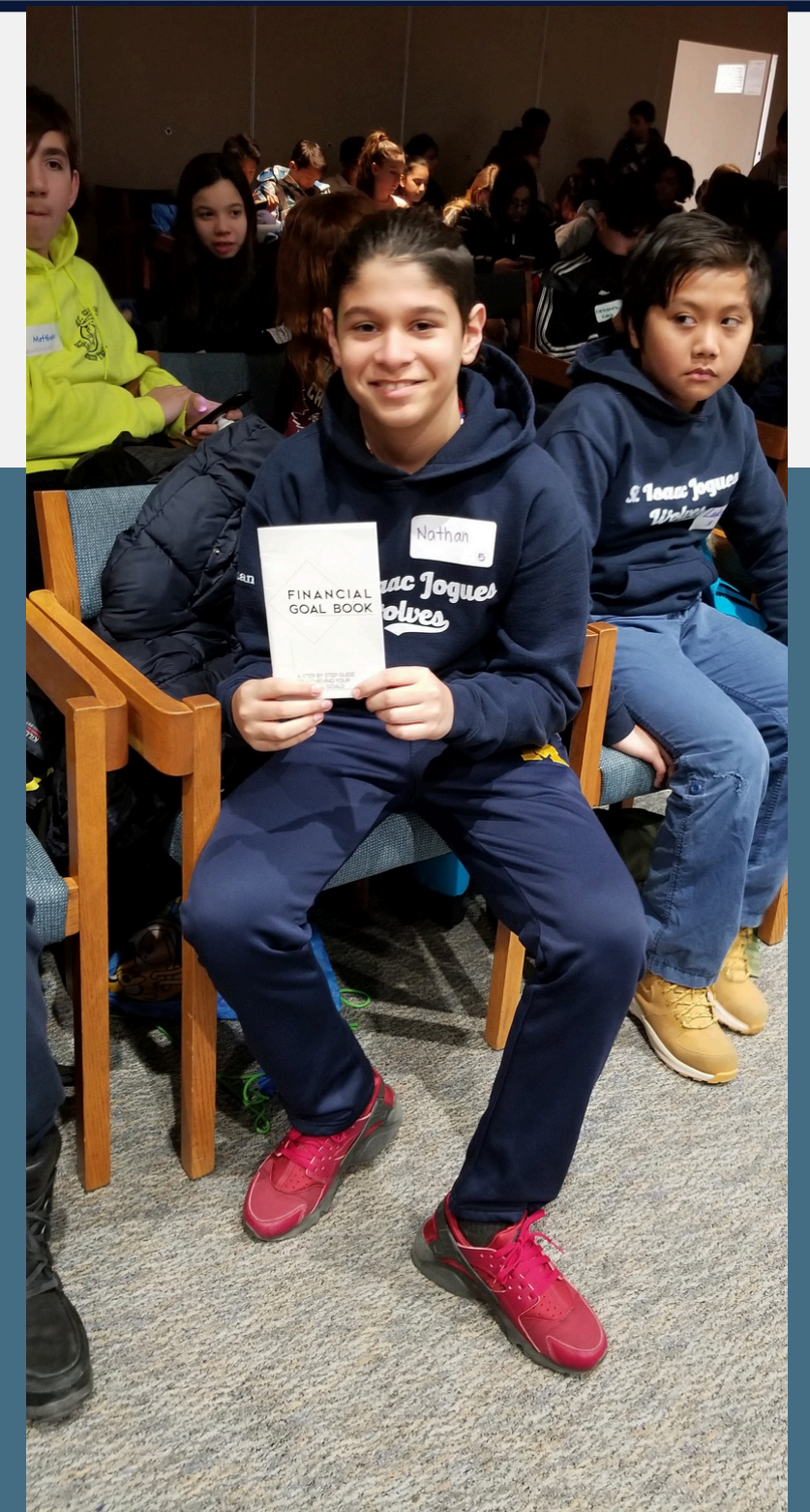
Discover Your Path

Workshops and after-school sessions that help youth build practical life skills. Topics include SMART goal setting, financial literacy, digital skills, wellness, and career readiness.

Snapshot

- Number of in-school 6–8 week cohorts: 7
- Number of Youth served across in-school cohorts: ~62
- Number of Youth served in after-school programs: 26
- Number of schools engaged: 5 (Notre Dame, Aquinas, Fletcher, St. Edmund Campion)
- Age range of youth engaged: 13–18
- Number of Youth Engaged via Digital programs/events: n/a
- 90% reported greater confidence and understanding of the SMART goal model (~55 participants)

PROGRAMS IN ACTION



02

New Age Mentorship

One-on-one mentorship that matches youth with mentors to work on personal and professional goals. Mentees set SMART goals and track progress with support.

Snapshot

- 36 active matches
- 81% Match Success Rate
- 77% of mentees achieved at least one SMART goal
- 83% of mentors reported positive outcomes



03

Skills at Work (SAW)

A social enterprise that employs and trains youth in landscaping while providing life skills workshops. Designed to prevent the school-to-prison pipeline and offer second chances.

Snapshot

- 12 youth employed in landscaping projects
- 4 community beautification contracts completed
- 100% gained transferable job skills

PROGRAMS IN ACTION



IMPACT AT A GLANCE

A SNAPSHOT OF THE YEAR BY NUMBERS



Total youth reached via direct programs: 100

Total youth reached including events: 500



\$37,000 in Educational Bursaries, Honorariums, youth meals



Number of special events: 7.
Shoot Your Shoot; Impact Gala;
Golf Tournament; Champion Talk;
AGM; Raptors Box fundraiser (2)



Number of new General Members in 2024-25: 17
Total General Members: 78
Total number of active volunteers: 20



Community Voices



Discover Your Path

"I learned how to speak up for myself and set goals I can actually reach."

— Jasmine, Discover Your Path participant

New Age Mentorship

"Mentorship gave me the confidence to finish my book draft and pursue my dreams."

— Malik, New Age Mentorship participant

Skills at Work

"Having a second chance through SAW changed my whole outlook on work and life."

— Aaliyah, SAW youth participant

Our Reach



100,000+

Views in 2025



1500

Email List



1850+ 30,000

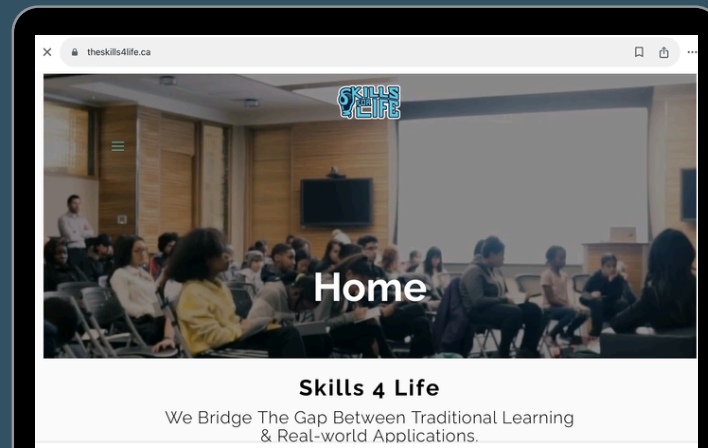
Followers

Monthly impressions



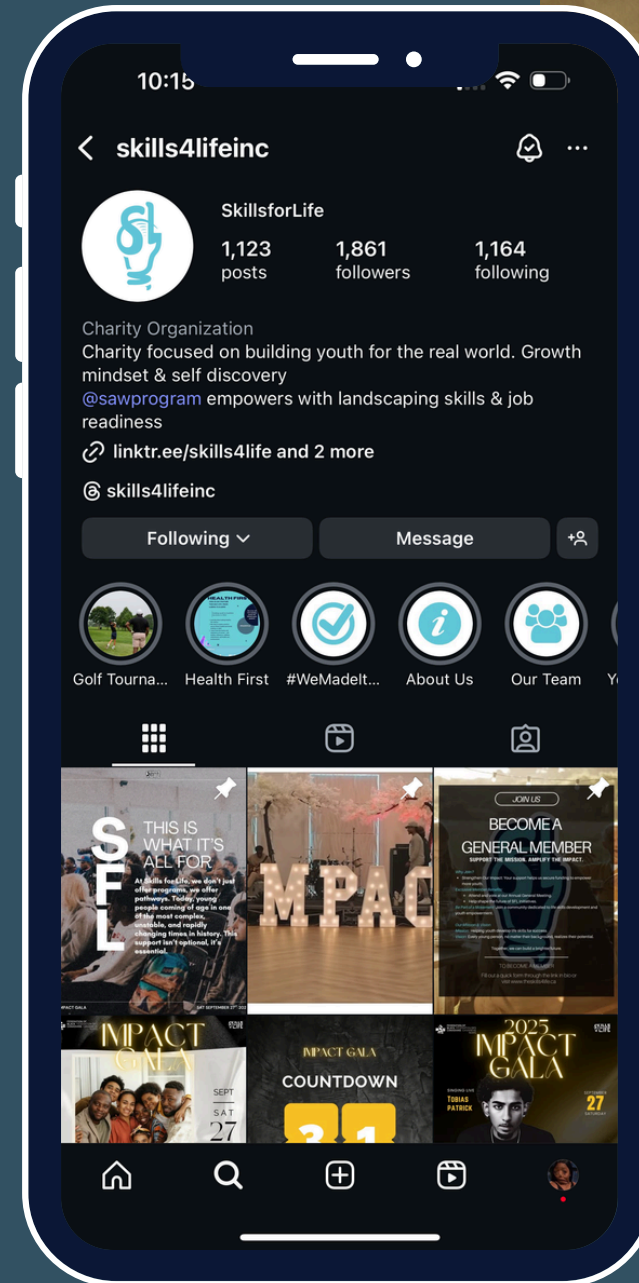
7.5%

Engagement Rate



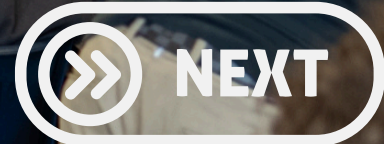
150+

Youth engage in direct contact ranging from ages 12-30 in motivational talks, workshops, panel sessions and physical activity.



Sponsor Spotlight in Our Monthly Newsletter

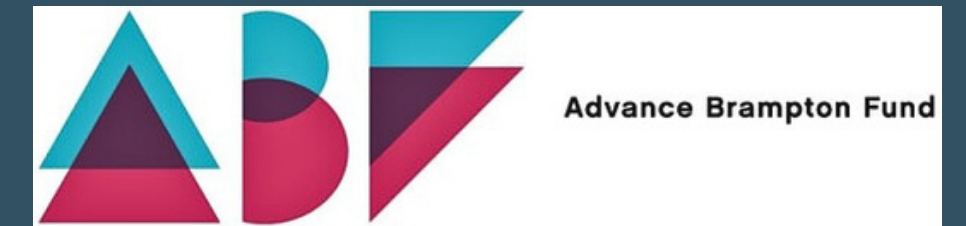
Our monthly newsletter reaches 1,000+ subscribers, offering sponsors valuable visibility to an engaged audience.



Past Funders



Government of Canada



DONOR & PARTNER RECOGNITION

Your generosity makes life-changing impact possible
Together, we are building skills and building futures

FINANCIAL SNAPSHOT



SKILLS FOR LIFE

How Your Support Was Invested in 2024-25

Program Delivery (46%) - \$185,277

Direct workshops, mentorship, program staff wages, and training materials.

Operations (42%) - \$168,976

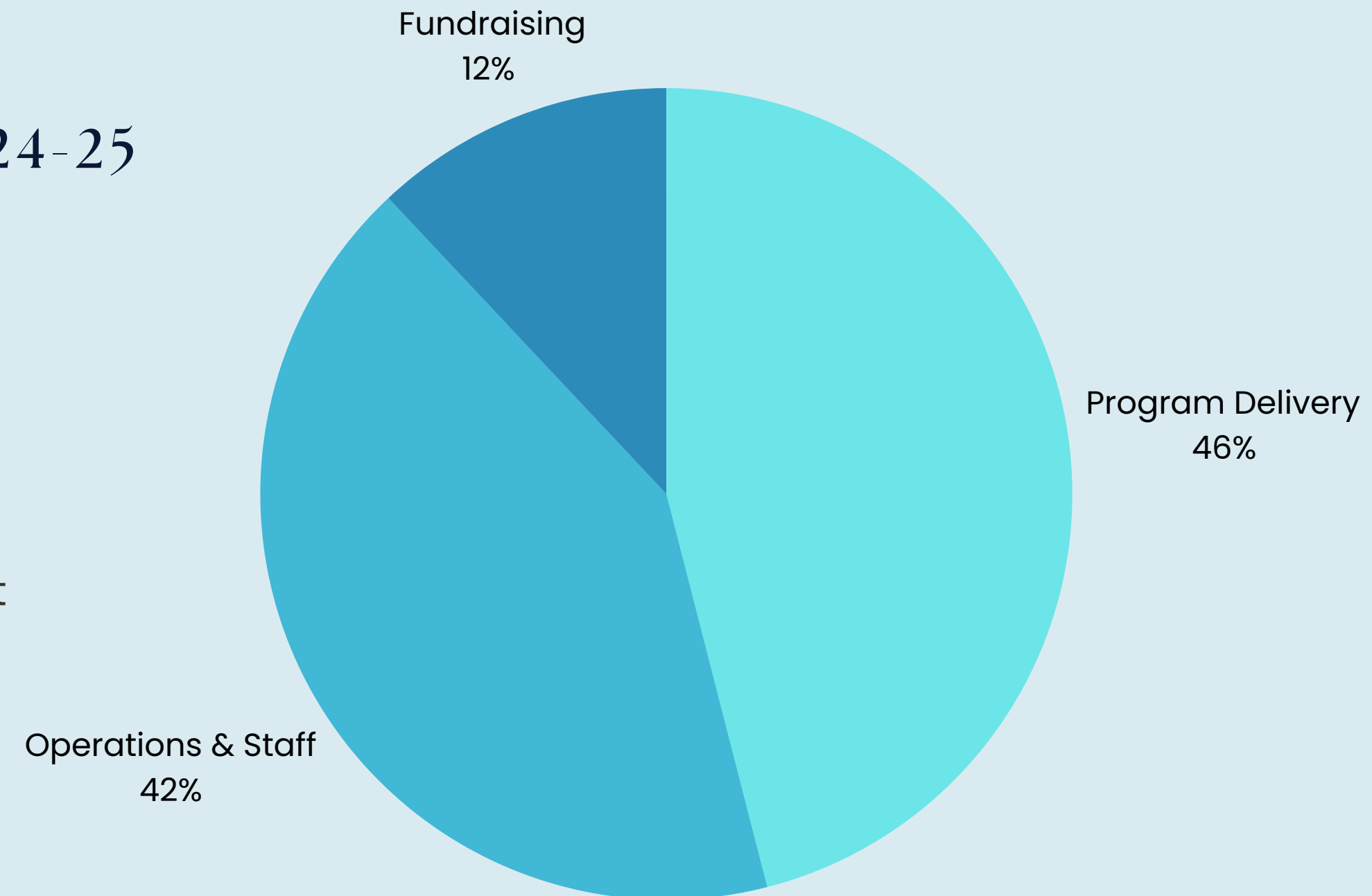
Equipment, digital supports, subscriptions, audit and banks fees, operation staff wages

Fundraising and Sustainability (12%) - 50,243

Fundraising and outreach initiatives like the Gala & Golf Tournament.

Total Expenses = \$404,496

Total Income = \$405,859



2025-26 PRIORITIES

Expand Skills at Work → Employ 25+ youth across Peel & Toronto.

Grow Mentorship → Support 50 active mentor-mentee matches.

Launch Digital Literacy Series → Equip youth with coding, financial tech, and online safety skills.

Strengthen School Partnerships → Deliver workshops in 10 new schools.

Community Impact Initiatives → Reach 1,000+ people through our Gala, Golf Tournament, and Youth Week.



LOOKING AHEAD



CALL TO ACTION

Be Part of Building Futures

Volunteer



General Membership



Become A Mentor



Donate

Make a financial gift and receive a **tax deductible receipt**



Youtube

View videos of our impact



SKILLS FOR LIFE

"It's time to prepare our youth for real world challenges, opportunity, and success." By supporting this cause you help keep our doors and programs open.

Thank you"

Christopher Thompson,
Executive Director of Skills
For Life



Contact Information

Email us: Info@theskills4life.ca

Website: www.theskills4life.ca

Skills 4 Life Inc.
Charity # 753516723 RR 0001
607 - 10 Laurelcres Street
Brampton, On L6S 5Y3

 /Skills4life

 /company/skills-for-life-inc

 [Skills4life](https://www.instagram.com/Skills4life)

SEPTEMBER 2024- AUGUST 2025

IMPACT REPORT

THANK YOU

